

Algorithm for Depression Guideline

Screen Adults using the PHQ-2
If positive PHQ-2 score exists, follow up with the PHQ-9

Screen for Depression using PHQ-9.
1-4: minimal depression; 5-9: mild depression; 10-14: moderate depression; 15-19: moderately severe depression; 20-27: severe depression.

Acute Phase-1st 12 Weeks of Treatment
3 visits; 1 must be with a prescriber (HEDIS® Quality Measure)
Keep on medication for 12 weeks (HEDIS® Quality Measure)

Reassess Patient at 4-6 Weeks

Administer PHQ-9

Positive Response
Continue Treatment. Stay on medication 4-9 months

GOAL=Remission
PHQ-9 score < 5

HEDIS® Quality Measure tracks patients that remain on medication for 6 months

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Screen for Depression using PHQ-9.
1-4: minimal depression; 5-9: mild depression; 10-14: moderate depression; 15-19: moderately severe depression; 20-27: severe depression.

Acute Phase-1st 12 Weeks of Treatment
4 visits; 1 must be with a prescriber (HEDIS® Quality Measure)
Keep on medication for 12 weeks (HEDIS® Quality Measure)

Reassess Patient at 4-6 Weeks

Administer PHQ-9

Positive Response
Continue Treatment. Stay on medication 4-9 months

GOAL=Remission
PHQ-9 score < 5

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Screen for Depression using PHQ-9.
1-4: minimal depression; 5-9: mild depression; 10-14: moderate depression; 15-19: moderately severe depression; 20-27: severe depression.

Acute Phase-1st 12 Weeks of Treatment
6 visits; 1 must be with a prescriber (HEDIS® Quality Measure)
Keep on medication for 12 weeks (HEDIS® Quality Measure)

Reassess Patient at 4-6 Weeks

Administer PHQ-9

Positive Response
Continue Treatment. Stay on medication 4-9 months

GOAL=Remission
PHQ-9 score < 5

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Screen for Depression using PHQ-9.
1-4: minimal depression; 5-9: mild depression; 10-14: moderate depression; 15-19: moderately severe depression; 20-27: severe depression.

Acute Phase-1st 12 Weeks of Treatment
5 visits; 1 must be with a prescriber (HEDIS® Quality Measure)
Keep on medication for 12 weeks (HEDIS® Quality Measure)

Reassess Patient at 4-6 Weeks

Administer PHQ-9

Positive Response
Continue Treatment. Stay on medication 4-9 months

GOAL=Remission
PHQ-9 score < 5

HEDIS® Quality Measure tracks patients that remain on medication for 6 months